

# **VEGETABLE PRODUCTS**



### TOUM SAUCE (GARLIC SAUCE)

HIGH IN PROTEIN REDUCED FAT

<b>Nutrition Facts</b>	5
6 Servings per container Serving size 100g	
Amount per serving Calories	241 Kcal
D	aily Value %
Total Fat 22.50 g	32.14
Saturated Fat 1.4 g	7.00
Trans Fat 0 g	0.00
Cholesterol 5 mg	1.67
Sodium 922.05 mg	15.39
Total Carbohydrate 8.3 g	4.91
Dietary Fibre 0 g	0.00
Total Sugar 0 g	0.00
Includes Added Sugar 0 g	0.00
Protein 1.10g	2.20
* The % Daily Value (DV) tells you ho	w much a nutrient in

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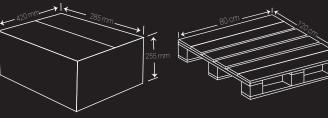


6 KG

NET WEIGHT

**Cooking Instructions** 

Defrost the frozen Toum Sauce at refrigerated temperature. Once defrosted, store it in refrigerated condition (0 to 5  $^{\circ}$ c) and consume within 5 days.



1 Kg x 6 Packs Weight 6 Kg



### MUSHROOM SAUCE

**HIGH IN PROTEIN** REDUCED FAT FULLY COOKED

Nutrition	Facts	5
10 Servings per co Serving size 100g		
Amount per servi Calories	ng	65 Kcal
	D	aily Value %
Total Fat	3.54 g	5.06
Saturated Fat	0.49 g	2.45
Mono Unsaturated	fat 0.71 g	0.00
Poly unsaturated fat	1.63 g	0.54
Sodium	0.67 mg	0.03
Total Carbohydrate	4.36 g	1.68
Dietary Fibre	0.35 g	1.25
Total Sugar	1.76 g	3.52
Includes Added Sug	gar 0.1 g	0.20
Protein	3.80 g	7.60
* The % Daily Value (DV) tells you how much a nutrient in serving of food contributes to a daily diet. 2,000 calories		



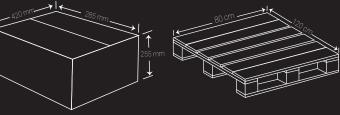












500 gm x 20 Packs Weight 10 Kg



### **FALAFEL 40G**

#### REDUCED FAT

<b>Nutrition Facts</b>	
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Calories		145KCal
	Daily	v Value %
Total Fat	2.29g	3.27
Saturated Fat	0.47g	2.35
Trans Fat	Og	0.00
Cholesterol	0.1mg	0.03
Sodium	4061mg	20.46
Total Carbohydrate	25.32g	9.74
Dietary Fibre	3.8g	13.57
Total Sugar	0.1g	0.20
Includes Added Sugar	0.1g	0.20
Protein	5.68g	11.36









10 KG NET WEIGHT

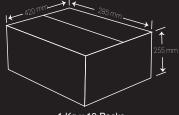
#### **Cooking Instructions**



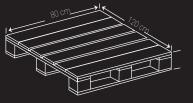
DEEP FRY



In Hot Oil on medium heat 180°C 3 TO 5 minutes or until get brown color PAN FRY Cook till warm.









# VEGETABLE BURGER 55G

Nutrition Fa	acts	
10 Servings per container Serving size 100 g		
Amount per serving		
Calories	19	90KCal
	Daily \	/alue %
Total Fat	3.80g	5.43
Saturated Fat	1.82g	9.10
Trans Fat	Og	0.00
Cholesterol	Omg	0.00
Sodium	449.70mg	18.74
Total Carbohydrate	32.3g	12.42
Dietary Fibre	1.1g	3.93
Total Sugar	4.96g	9.92
Includes Added Sugar	0.77g	1.54
Protein	6.70g	13.40

\*% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2000 calories a day"







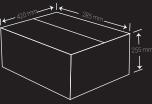
10 KG

NET WEIGHT

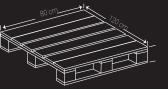
#### **Cooking Instructions**



In hot oil on medium heat (180c) for about 3-5 minutes or until golden brown



1 Kg x 10 Packs Weight 10 Kg





Nutrition Facts		
4.8 Servings per container Serving size 100 g		
Amount per serving		
Calories	33	0 Kcal
	Daily \	/alue %
Total Fat	15.00g	21.43
Saturated Fat	3.8g	19.00
Mono Unsaturated fat	3.	9g
Poly unsaturated fat	6.8g	2.27
Sodium	268.00mg	11.17
Total Carbohydrate	29.59g	11.38
Crude Fibre	1.13g	4.04
Total Sugar	0.57g	1.14
Iron	1.95g	3.90g
Protein	19.18g	38.36
* The % Daily Value (DV) tells you how much a nutrient in servings of food contributes to a daily diet. 2,000 calories a day is used for		

general nutrition advice.





4.8 KG

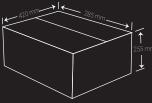
NET WEIGHT

**Cooking Instructions** 

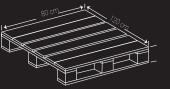


DEEP FRY

For best result, Hot oil at 180°C approx. 4 to 5 minutes. or until golden brown.



1.2 Kg x 4 Packs Weight 4.8 Kg





# CHEESE SPRING ROLL

Nutrition Facts			
4.8 Servings per container Serving size 100 g			
Amount per serving			
Calories	2	19 Kcal	
	Daily	v Value %	
Total Fat	7.10g	10.14	
Saturated Fat	6.1g	30.50	
Trans Fat	0g	0.00	
Cholesterol	5mg	1.67	
Sodium	496.85mg	20.70	
Total Carbohydrate	32.8g	12.62	
Dietary Fibre	1.2g	4.29	
Total Sugar	6.01g	12.02	
Includes Added Sugar	0.24g	0.48	
Protein	6.10g	12.20	

\* The % Daily Value (DV) tells you how much a nutrient in serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice



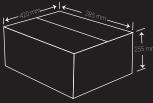


4.8 KG

#### **Cooking Instructions**



For best result, Hot oil at 180°C approx. 4 to 5 minutes. or until golden brown.



1.2 Kg x 4 Packs Weight 4.8 Kg





# VEGETABLE SAMOSA

Nutrition Facts		
4.8 Servings per container Serving size 100 g		
Amount per serving		
Calories	15	8KCal
	Daily \	/alue %
Total Fat	2.80g	4.00
Saturated Fat	1.1g	5.50
Trans Fat	Og	0.00
Cholesterol	Omg	0.00
Sodium	337.10mg	14.05
Total Carbohydrate	28.4g	10.92
Dietary Fibre	3.5g	12.50
Total Sugar	5.72g	11.44
Includes Added Sugar	0.8g	1.60
Protein	5.10g	10.20
*% Daily Value (DV) tells you how much a nutrien		

\*% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2000 calories a day"



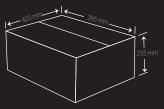


4.8 KG NET WEIGHT

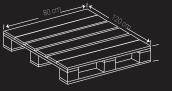
#### **Cooking Instructions**



For best result, Hot oil at 180°C approx. 4 to 5 minutes. or until golden brown.



1.2 Kg x 4 Packs Weight 4.8 Kg





# VEGETABLE **SPRING ROLL**

Nutrition Facts		
4.8 Servings per container Serving size 100 g		
Amount per serving		
Calories	14	43 Kcal
	Daily	v Value %
Total Fat	2.24g	3.20
Saturated Fat	0.85g	4.25
Trans Fat	Og	0.00
Cholesterol	Omg	0.00
Sodium	434.30mg	18.10
Total Carbohydrate	26g	10.00
Dietary Fibre	2.5g	8.93
Total Sugar	6.69g	13.38
Includes Added Sugar	0.78g	1.56
Protein	4.84g	9.68

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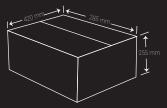


4.8 KG NET WEIGHT

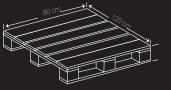
#### **Cooking Instructions**



For best result, Hot oil at 180°C approx. 4 to 5 minutes. or until golden brown.



1.2 Kg x 4 Packs Weight 4.8 Kg





## CHEESE AND JALAPENO SPRING ROLLS

Nutrition Facts		
4.8 Servings per container Serving size 100 g		
Amount per serving		
Calories	22	6KCal
	Daily \	/alue %
Total Fat	9.80g	14.00
Saturated Fat	6.76g	33.80
Trans Fat	Oç	3
Cholesterol	0.1mg	0.03
Sodium	427.22mg	17.81
Total Carbohydrate	25.02g	9.62
Dietary Fibre	1g	3.57
Total Sugar	6.1g	12.20
Added Sugar	0.4g	0.80g
Protein	9.50g	19.00
* The % Daily Value (DV) tells you how much a nutrient in servings of food contributes to a daily diet. 2,000 calories a day is used for		



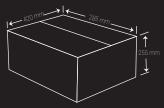


4.8 KG NET WEIGHT

**Cooking Instructions** 



Heat the oil up to 180°C. Deep fry the frozen rolls for 3-5 minutes or until golden brown



1.2 Kg x 4 Packs Weight 4.8 Kg





### JALAPENO CHEESE POPPERS

Air Fryer & Oven Friendly

Nutrition Fa	acts	
10 Servings per container Serving size 100 g		
Amount per serving		
Calories	2	12.00
	Daily \	/alue %
Total Fat	11.00g	16.92
Saturated Fat	4.6g	23.00
Sodium	520.00mg	21.67
Total Carbohydrate	21.00g	7.00
Dietary Fibre	0.80g	3.20
Total Sugar	2.5	50g
Added Sugar	0.	g
Protein	7.70g	15.40
* The % Daily Value (DV) tells you how much a nutrient in servings of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		





10 KG NET WEIGHT

#### **Cooking Instructions**



in hot oil on medium heat at 180°C for 3 to 4 minutes.



in a pre-heated Air fryer at 200°C for approx. 7

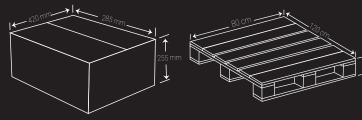
AIR FRY

to 9 minutes.

CONVENTIONAL OVEN

in a pre-heated oven at 180°C for approx. 7 to 9 minutes.

**\$** 



1Kg x 10 Packs Weight 10 Kg



### JALAPENO & CHEESE SPRING ROLL

Nutrition Facts		
10 Servings per container Serving size 100 g		
Amount per serving		
Calories	22	6KCal
	Daily \	/alue %
Total Fat	9.80g	14.00
Saturated Fat	6.76g	33.80
Trans Fat	Oç	9
Cholesterol	0.1mg	0.03
Sodium	427.44mg	17.81
Total Carbohydrate	25.02g	9.62
Dietary Fibre	1g	3.57
Total Sugar	6.1g	12.20
Added Sugar	0.4g	0.80g
Protein	9.50g	19.00
<ul> <li>The % Daily Value (DV) tells you how much a nutrient in servings of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</li> </ul>		



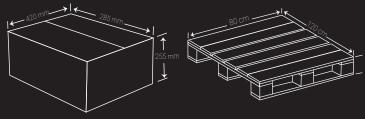


4.8 KG

#### **Cooking Instructions**



in hot oil on heat at 180°C for 3 to 5 minutes.



1.2Kg x 4 Packs Weight 4.8 Kg



### HALLOUMI FRIES

Air Fryer & Oven Friendly

Par Cooked

#### **Nutrition Facts**

10 Servings per container			
Serving size 100 g			
Amount per serving			
Calories	305.48KCal		
	Daily Value %		
Total Fat	24.52g	35.03	
Saturated Fat	15.32g	76.60	
Trans Fat	Og		
Sodium	0.28 mg	0.01	
Total Carbohydrate	1.3g	0.50	
Dietary Fibre	0g	0.00	
Total Sugar	1.3g	2.60	
Added Sugar	Og	0.00g	
Protein	21.20g	42.40	
* The % Daily Value (DV) tells you how much a nutrient in servings of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			





10 KG NET WEIGHT

#### **Cooking Instructions**



in hot oil on heat at 180°C for 2.5 to 3.5 minutes.



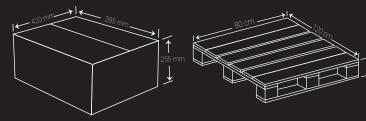
AIR FRY

in a pre-heated Air fryer at 200°C for approx. 6 to 8 minutes.



CONVENTIONAL OVEN

in a pre-heated oven at 180°C for approx. 6 to 8 minutes.



1Kg x 10 Packs Weight 10 Kg



### ITALIAN BREADED MOZZERELLA CHEESE STICKS

Air Fryer & Oven Friendly

Nutrition Facts				
10 Servings per contair Serving size 100g	ner			
Amount per serving				
Calories		275 Kcal		
		Daily Value %		
Total Fat	11 g	15.71		
Saturated Fat	6 g	30.00		
Trans Fat	Оg	0.00		
Cholesterol	36 mg	12.00		
Sodium	558 mg	23.25		
Total Carbohydrate	27 g	10.38		
Dietary Fibre	1 g	3.57		
Total Sugar	1g	2.00		
Includes Added Sugar	Оg	0.00		
Protein	17 g	34.00		
Vitamin D	56 mcg	7.00		
Calcium	370 mg	37.00		
Iron	0.66 mg	3.00		
	-			







10 KG NET WEIGHT

#### **Cooking Instructions**

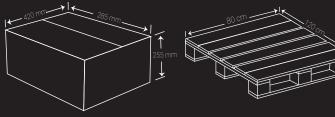


DEEP FRY

in hot oil on heat at 350°F for 3 minutes. Allow to stand for 1 minute before serving.

CONVENTIONAL OVEN

in preheated oven at 400°F for 9-10 minutes Allow to stand for 1 minute before serving.



1Kg x 10 Packs Weight 10 Kg